

Prebiotics Work Together with Probiotics to Improve Health!

Prebiotics

Prebiotic is a specialized plant fiber that nourishes the good bacteria already in the large bowel or colon. They inhibit the increase of harmful bacteria, and give a beneficial effect by helping your good bacteria from probiotics grow.

- strengthening your immune
- not affected by heat, acid.
- [Oligosaccharide,]
- [Dietary fiber]
- improve mental health issues
- decrease blood cholesterol
- managing the balance of intestinal flora



Probiotics

Probiotics are bacteria that manage your digestive system and support your body's ability to absorb nutrients. Probiotic benefits have been proven effective in supporting immune function and healthy digestion, as well as beautiful skin.

- boosting immune system
- prevent infections like flu
- improve constipation and diarrhea
- heal inflammatory bowel conditions
- help prevent specific allergy
- help lower your risk for cancers.
- solve your skin problem

Prebiotics

+

Probiotics

Galacto-oligosaccharide
Resistant maltodextrin
(Dietary fiber)

Lactobacillus sporogenes
Enterococcus faecalis
Bifidobacterium longum
Kefir

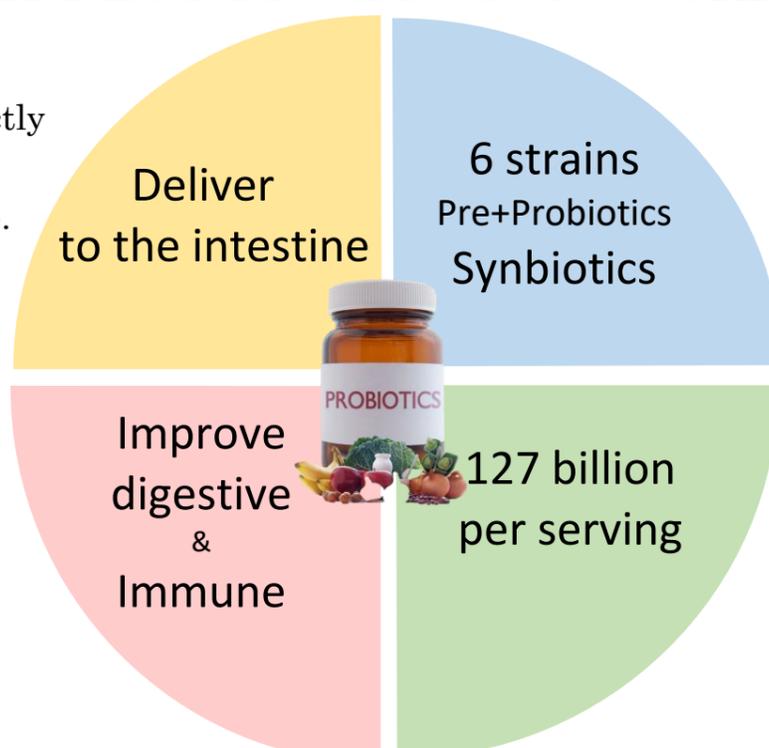


Prebiotics, together with probiotics, work for heightened levels of health in general. Synbiotics offer **additional benefit** than just consuming a prebiotic or probiotic on its own

How does *PERFECT Pre&Probiotics* work on your body?

All good bacteria are perfectly capable of making it all the way through your digestive. They're well-suited to surviving an acidic and heat environment.

Replenish good bacteria improve your digestion the overall health. (skin, heart, and mental)



Prebiotics help the growth of the good bacteria from probiotics, to give you further effects on your body.

127.2 billion good bacteria
540 million / Lactobacillus
120 billion / Faecalis
1.2 billion / Bifidobacterium
60 million / Kefir
per serving 3 caps

Composition of lactic acid bacteria (*E. Faecalis*/*L. Sporogenes*) resistant to heat and gastric acid, reach your intestines!

(Intestinal Bacteria)

【Good Bacteria】



Lactic acid
Bifidobacterium longum

- Maintaining the function of your intestines to activate digestibility to regulate your bowel movements.
- Supporting your healthy life, for instance, by beneficial materials to improve your immunity.

【Bad Bacteria】



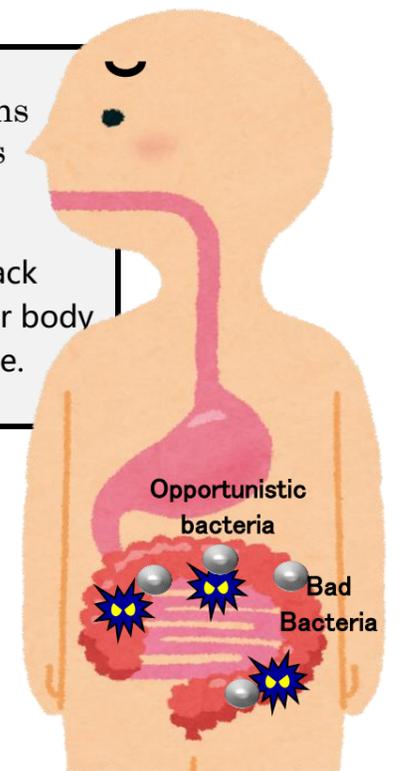
Clostridium perfringens
Staphylococcus aureus

- Producing harmful substances which attack intestines and circulate around whole your body to make your intestinal environment worse.

【Opportunistic Bacteria】



- Bacteria causing nothing specifically good or bad
- Quiet when good bacteria around them, but they may cause harmful effects when many bad bacteria around them.



(Resistant to gastric acid)

【Dead Bacteria】 *Enterococcus Faecalis*

- Most of highly heat-treated lactic bacteria are able to pass through your intestines without being decomposed or digested, to support the increase of good bacteria.



Lactobacillus sporogenes

- A 'spore' of *Lactobacillus sporogenes* can be regarded as a seed that is well-suited to survive in gastric acid or heat.
- This bacterium is protected by the shell of such spores. In your intestines, gastric acid and bile acid enhance the increase and continuous production of lactic acid which kills bad bacteria



Supplement for intestinal improvement

-  *Lactobacillus sporogenes*
-  *Enterococcus faecalis* (EC-12)
-  *Bifidobacterium longum*
-  Kefir • Symbiotic fermentation of lactobacillus and yeast
-  Galacto-oligosaccharide • Promotion of increase of Bifidobacterium

Resistant to heat and gastric acid

Good Bacteria **Bad** **Opportunistic Bacteria**

This intestinal supplement which is **resistant to gastric acid and heat** can help replenish and nourish this internal supply of good bacteria
(Lactic acid bacteria, Bifidobacterium)

Immunity Starts In Your Intestines!

70 % of immune cells which attack viruses and cancer cells are made from the intestines.

Cells in the Large Intestine
20%

Intestinal bacteria (containing Bifidobacteria) which live in the large intestine is highly related to the immune system.

**70% of your immune cells
are localized in your intestines**

Cells in the Small Intestine
50%

Roughly 50% of lymphocyte cells, which are immune cells, are localized in the small intestines.

【PERFECT Pre & Probiotics】

(Ingredients)

Lactobacillus sporogenes
Enterococcus faecalis (EC-12)
Bifidobacterium
Bacteria constituting Kefir
Galacto-oligosaccharide
Digestion resistant maltodextrin(Dietary fiber)
etc.

(Number of Bacteria)

540 million cfu/ 3 capsules
120 billion cfu/ 3 capsules
1.2 billion cfu/ 3 capsules
60 million cfu/ 3 capsules

Besides lactobacillus which is resistant to heat and gastric acid,
Kefir • Bifidobacterium are combined
to promote the growth of good bacteria



Reach your intestines !

PERFECT
Pre & Probiotics

3 capsule / day

Serving Per Package: 270 capsules